



For Immediate Release

**LAP is asking for your financial support  
to continue to provide quality care and services due to the Increasing  
Needs of the Legal Profession**

*Legal professionals were struggling before the pandemic arrived and now are facing additional stressors, financial hardships, and increased mental health and substance use problems. We are asking the legal community to financially support LAP and its mission, so that LAP can continue to expand its services throughout the State to Judges, Lawyers and Law Students.*

Attorneys, judges, and law students are three times more likely to suffer from depression, anxiety, chronic stress, suicidal thoughts, alcohol or drug misuse compared to the general public. LAP's expert clinical team provides quality care to all legal professionals while facing the ongoing challenges of the pandemic, saving lives, careers and the dignity of legal professionals. LAP is asking you to support our role in the health and wellness of all lawyers, judges, and law students in Illinois: <https://youtu.be/rkD6lVWikRM>

(click image to watch)



**LAP CAN USE YOUR HELP!**

Donations accepted online.  
Every contribution means LAP can work more effectively to minimize mental health and substance use problems in our profession.

<https://illinoislap.org/mental-health-donations/>

LAP's mission is to help, protect, and educate our legal community about addiction, substance use, mental health and wellness. If you or someone you know needs support do not hesitate to contact LAP. Our services are 100% confidential.

[gethelp@illinoislap.org](mailto:gethelp@illinoislap.org), 312-726-6607

**Real Problems. Real Help. Real Experts.™**

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